



CoachCenter
You can live a better life

Live your life with joy

Coaching is the bridge
that gets you from where you are to where you want to be.

It is a powerful and valuable process that uses proven techniques and provides an incredible return on investment of time and money.

Hi, I'm Mag. Saša Štivan.

I would like to welcome you at CouchCENTER.

Our motto at CoachCENTER is: **"You can live a better life!"**

We believe that every person should have the right to change her or his life to better. All that person needs to start is her or his positive will to change.

Since you are checking coaching you already have a wish to positively change your life... may it be your personal life or business you run.

"I am convinced that here at CoachCENTER, based on our expertise, techniques, knowledge and experience, we will be able to help you, so you can find your inner power and sources, remove any of your inner obstacles, your negative limiting beliefs and to allow you setting and achieving your goals towards your successful and happy life or prosperous business."

Saša Štivan, Life and Business Coach, Founder of CoachCENTER



Coaching available In-Person or Online

Book an Appointment.

Call +386 40 77 22 99 or email us to: coaching@coach-center.eu

Career & Business Coaching

Career and Business coaching involves techniques to allow client to break free of ineffectual forms of thinking, communication, attitudes and behaviour, thus bringing to the foreground all the client's potentials, skills and capabilities. It can be performed on individual basis for physical person or employee, manager, CEO or for any teams, companies or other groups who want to achieve positive goal.

Family, Relationship and Life Coaching

Life, Relationship and Family coaching involves individual coaching sessions or also group sessions with partner, child, other family members or person we wish to improve relationship with. Goal is to create a happy, dynamic synergies of individuals own journeys as one in the relationship or warm family including successful bringing up, relationship and communication with and from children.

Lifestyle Coaching

May it be work-personal life balance, health connected goals, like more sport activities, changing eating habits, nutrition, behaviour or communicational habits we can help you to achieve them faster and with higher success rate.

Change your life to better

Enjoy every moment



Your WISH to change

You are not satisfied and would like to change, make something better or improve yourself.



Define a SMART GOAL with Coach

Coach guides you so, that you can set a SMART goal which is Specific, Measurable, Attainable, Realistic and Timely.



Coaching process and TECHNIQUES

After you have set up the s.m.a.r.t. goal with coach, you are guided in a way to find and bring out your inner strengths and potentials, removing any limiting beliefs plus giving you additional motivation and mindset to achieve your goal.



Goal ACHIEVED

With inner sources found and without any limiting beliefs goal is much easier and quicker achieved since client can use her/his potential to the fullest, thus achieving maximum success=potential-negative limitations.

For whom Coaching can be Helpful

For every Person or Company with a Wish for Change to Better

For Women

Setting and achieving personal, family, health and career-professional goals, happiness, satisfaction and reward.

For Men

Setting and achieving personal optimal work-life balance which includes successful career, quality free time and fulfilling lifestyle.

For Couples and Families

Creating a happy, dynamic, respectful, and romantic "conscious relationship" that compliments their journey together in two or as the warm family including successful bringing up, relationship and communication with and from children.